Basketball Practice SCHEDULE SEASON (January – March)

DAY/TIME	7:00 -	3:00 - 4:30	4:30 - 6:00
	8:15AM	3.00 4.30	4.30 0.00
Monday		Sr Boys	Sr Girls (Kona Gym)
			Jr Boys (Holy Spirit Gym – 5:00 start)
Tuesday	Jr Girls	Jr. Boys (alternating w/Tuesdays depending on game day)	
Wednesday	Sr Boys	Sr Girls	
Thursday	Jr Girls	Jr. Boys (alternating w/Tuesdays depending on game day)	
Friday			