



Student/Parent Classes

Improve Your Success as a Student

Instructor: Bill Gordon Apr 11, 12 (W/Th) 6-8 pm \$69 + \$10 materials+ gst

This popular course enhances your success as a student and is geared towards students in grades 7 through 12. Details can be found on our website.

Coping with Student Stress

Instructor: Bill Gordon Apr 25 (W) 6-8 pm \$32 + gst

Examine the common causes of stress in a student's life and learn positive techniques aimed at reducing the negative impact of stress and test anxiety.

Junior High Math Tutorials

Apr 17-May 29 (T) 4-5 pm (for grade 9 students) \$89 + gst

Apr 17-May 29 (T) 5-6 pm (for grade 8 students) \$89 + gst

Focuses on the fundamental skills and concepts needed for success in junior high.

I. P.A.S.S.

Instructor: Jeannie Lundgard Feb 28-Mar 6 (T/Th) 4:30-6:30 pm \$85 + gst

Evaluate and increase awareness of student's study strategies and learn new strategies to improve student learning. Geared for students in grades 4-9 and their parents.

Tech Savvy for Parents

Instructor: Edna Dach/Donna Griffin Mar 5 (M) 6:30-9 pm \$35 + gst

This course is for all parents who want to learn the social networking technologies that are popular with students. A discussion about internet safety will be provided.

Protecting Your Identity: What You Should Know

Mar 21 (W) 7-9 pm \$20 + gst

In this course for parents, learn guidelines for protecting your identity and the secure use of social media, email, bank cards and other personal information

Register online, in person, via telephone, fax or email.

Classes are held at Next Step Continuing Education, 20 Festival Way, Sherwood Park (located in Salisbury Composite High School).

