## MetisALIVE Cultural Experiences



Bringing Metis history, culture, dance and traditional arts ALIVE in the classroom and community through multi-sensory and interactive cultural experiences.

mymetisalive@gmail.com Felice Gladue, B.Ed 780.975.2084

Follow us on <u>Facebook</u>, <u>Instagram</u>, <u>Pinterest</u> and <u>YouTube</u> Shop at our <u>Metis ALIVE Etsy</u> shop

We are on Indigenous land in Treaty 6 territory.

This place, Γ¹Ь†Þ¹Δb², Amiskwacîwâskahikan (Edmonton) – is the traditional meeting ground, gathering place, and travelling route of the Nêhiyawak (Cree), Anishinaabe (Saulteaux), Niitsitapi (Blackfoot), Michif (Métis), Dene, and Nakota.

#### TRADITIONAL SKILL WORKSHOPS INCLUDE:

- traditional skill instruction

- how to select and where to purchase materials
- Metis cultural teachings and exhibit of related cultural items
- video tutorials included

<u>Travel Fee:</u> no charge in Beaumont, Edmonton Devon, Leduc, Sherwood Park, Stony Plain, Spruce Grove, St Albert; 50 km or more from Beaumont is \$1.00/kilometer (plus hotel if applicable)



# **Simple Beaded Pouch Workshop** (grades 4-6)

Students will learn basic beading and hand sewing techniques to make a cotton beaded pouch to take home.

Workshop: 2 hours

<u>Instructional Fee:</u> \$250 <u>Supplies:</u> \$5 per student

Adults Needed: 1 adult per 5 students (can be waived during covid restrictions)









Metis Art Workshop (grades 3-6)

Students will complete three projects to take home; one of each of the following art: beading, dot art and sash finger braiding

Workshop: 2 hours

<u>Instructional Fee:</u> \$250 <u>Supplies:</u> \$5 per student

Adults Needed: 1 adult per 5 students (can be waived during covid restrictions)

Oct 11, 2021 Traditional Skills - Schools 1















**Quick Projects: Beading Workshop** (grades 7-12)

Students will make one beaded project to take home. The class must all make the same project. Great gift ideas. Choose from either: (large size 6 glass beads used)

- strawberry key chain
- orange shirt pin
- flower hair tie or bracelet

# Workshop:

- 2 sessions
- 6 hours of instruction time in total; 3 hours for beading instruction and 3 hours for backing instruction
- beading and backing instructional sessions should be at least one week apart
- students will need some work time in between instructional sessions to complete beading

<u>Instruction Fee:</u> \$550 <u>Supplies:</u> \$5 per student













Beading Workshops (grades 7-12)

Students will make one beaded project to take home. The class must all make the same project.

Choose from either: (small size 11 glass beads used)

- melton beaded pouch
- beaded poppy
- beaded orange shirt

## Workshop:

- 2 sessions
- 6 hours of instruction time in total; 3 hours for beading instruction and 3 hours for backing/pouch sewing instruction
- beading and backing/sewing instructional sessions should be at least one week apart
- students will need some work time in between instructional sessions to complete beading

Instruction Fee: \$550

#### Supplies:

- beaded pouch \$20 per student
- beaded poppy or orange shirt \$15

Oct 11, 2021 Traditional Skills - Schools 2





# **Wool Mittens with Embroidery or Beading**

Students will make one pair of wool mittens lined with fleece. The class must all bead or all embroider.

## Workshop:

- 2 sessions
- 6 hours of instruction time in total; 3 hours for beading/embroidery instruction and 3 hours for mitten sewing instruction
- beading/embroidery and sewing instructional sessions should be at least one week apart
- students will need some work time in between instructional sessions to complete beading/embroidery

<u>Instruction Fee:</u> \$550 <u>Supplies:</u> \$10 per student





Wool Eye Glass with Embroidery or Beading

Students will make one wool eye class case. The class must all bead or all embroider.

#### Workshop:

- 2 sessions
- 6 hours of instruction time in total; 3 hours for beading/embroidery instruction and 3 hours for mitten sewing instruction
- beading/embroidery and sewing instructional sessions should be at least one week apart
- students will need some work time in between instructional sessions to complete beading/embroidery

<u>Instruction Fee:</u> \$550 <u>Supplies:</u> \$10 per student











Kickin' Capote Workshop

# Workshop:

- 9 hours needed to complete
- usually 3 sessions of 3 hours each but alternate arrangements can be made

<u>Instruction Fee:</u> \$750 <u>Supplies:</u> \$60 per student

Oct 11, 2021 Traditional Skills - Schools